



FEBRUARY 2019

TEHACHAPI UNIFIED SCHOOL DISTRICT

Offered Daily with Breakfast- 100% Fruit Juice & Fresh Fruit. Your Choice of 1% white milk or Fat Free Chocolate Milk Offered Daily With Lunch- Your Choice of 1% white milk or Fat Free Chocolate Milk Breakfast \$2.00 Lunch \$3.00				FRIDAY-02/01
				Cereal/Graham Crackers
				Pizza Green salad Pears
MONDAY-02/04	TUESDAY-02/05	WEDNESDAY-02/06	THURSDAY-02/07	FRIDAY-02/08
Granola/Yogurt	Mini Donuts	Chocolate Chip Muffin	Cinni-Mini	Cereal/ Graham Crackers
Grilled Cheese Sandwich Carrot/Celery Sticks Cheeze-It	Bean & Cheese Burrito Black Bean & Corn Salsa Apricots	Chicken Alfredo Peas & Carrots Pears	Pork Chop Sandwich Oven Potatoes Shredded Lettuce Oranges	Pizza Fresh Broccoli Applesauce
MONDAY-02/11	TUESDAY-02/12	WEDNESDAY-02/13	THURSDAY-02/14	FRIDAY-02/15
Blueberry Muffin/ String Cheese	Frudel	Apple Muffin	Mini Bagel	NO SCHOOL
Rib-B-Que Sandwich Oven Potatoes Celery Sticks Mixed Fruit	Quesadilla Refried Beans Peaches Salsa	Chili Beans Fritos Pears Fruitables Cucumber Slices	Chicken Nuggets Mashed Potatoes & Gravy Cranberries Grape Tomatoes Valentine Cookies	
MONDAY-02/18	TUESDAY-02/19	WEDNESDAY-02/20	THURSDAY-02/21	FRIDAY-02/22
NO SCHOOL	Mini Donuts	Chocolate Chip Muffin	Cinni-Mini	Cereal/ Graham Crackers
	Crunchy Taco Lettuce/Cheese Salsa Refried Beans Applesauce	Penne W/ Meat sauce Broccoli Mixed Berry Cup	Cinnamon French Toast Hashbrown Potato Fruitables Banana	Pizza Jicama Sticks Pears
MONDAY-02/25	TUESDAY-02/26	WEDNESDAY-02/27	THURSDAY-02/28	MENU SUBJECT TO CHANGE
Blueberry Muffin/String Cheese	Muffin/String Cheese	Apple Muffin	Mini Bagel	
Nachos Deluxe W/Beef & Beans Salsa Mixed Fruit	Taco Pocket Carrot/Celery Sticks Peaches	Chicken & Gravy Mashed Potatoes Peas & Carrots Cranberries Graham Crackers	Orange Chicken Rice Cooked Broccoli Orange Wedges	
Meal applications are available at all school sites and online				

****Thursday, February 14 – Lucky Tray Day!****



This Institution is An Equal Opportunity Provider

**Menu may be viewed online at www.tehachapischools.com by clicking on the "Departments" link. Click "Cafeteria" then "Lunch Menu"*